

## POST TREATMENT FOR CROWNS, BRIDGES, & VENEERS

Following the initial appointment for a crown or bridge procedure, a temporary crown or bridge is usually placed on the tooth or teeth involved.

Occasionally, a temporary crown or bridge may come off. Call us if this happens, and bring the temporary with you so we can re-cement it. It is very important for the temporary to stay in place, as it will protect your teeth from shifting or moving, which may compromise the fit of the final restoration. To keep your temporary in place, avoid eating sticky foods (including gum) and hard foods. If possible, chew on the opposite side of your mouth. It is important to brush normally, but floss carefully. We recommend that you pull the floss through the side of your teeth around the temporary because pulling away from the tooth with the floss may dislodge the temporary crown or bridge. After the appointment, it is normal to experience some temperature and pressure sensitivity with the tooth that was crowned, as well as with the adjacent teeth. If the sensitivity does not improve, or if you feel like your bite has been compromised, please contact our office to schedule an appointment to check the bite and evaluate the temporary crown or bridge.

### **VENEERS:**

- . Acrylic temporary restoration will serve you for a short period of time while your final veneers are being made. They are attached only slightly to the underlying tooth so they can be removed easily.
- . If a veneer comes off, call our office and we will replace it immediately. If you are in a situation that will not allow you to come in, place the temporary back in place with some Fixodent (denture adhesive). You must still schedule an appointment as soon as possible.
- . Temporary veneers may leak saliva or food onto the tooth. Sensitivity to hot, cold, pressure or sweet is not uncommon. You may also see stains under the temporary. These will be removed prior to final cementation.
- . Avoid heavy brushing of the temporary and do not floss between them because you may pull them off.
- . Your final porcelain veneers will be as close to the natural beauty and function of your teeth as possible. They look and feel normal, we place our veneers with the finest materials and techniques available today. However, you should be aware of the following information about your restorations:
  - . As with natural teeth, avoid chewing excessively hard foods on the veneered teeth (hard candy, ice, raw carrots, etc.) Because the porcelain material can break under extreme forces. Biting on fingernails, pencils, etc. will break a veneer.
  - . Proper brushing, flossing and regular 6 month (minimal) cleanings are essential to the long-term stability and appearance of your veneers. Often, problems that may develop with the veneers can be found at an early stage and repaired easily, while eating for a longer time may require redoing entire restoration.
  - . The gums may recede from the veneer, displaying discolored tooth structure underneath. This situation usually takes place after many years and requires veneer replacement. . There may be short term sensitivity to cold after veneers are seated. This should subside after a few weeks, but could take several months.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CONTACT OUR OFFICE AT: 806.698.6684**